Refrigerator Poster

Just hang your Recipes poster on his refrigerator. You can follow your child's progress by checking off each activity. When your child has a law activity, he or she has achieved a law. As children do more laws, they will develop school success and confidence. These laws will not only help them succeed in school, but also in life.

Recipes for Success

Practical Activities to Help Your Child Succeed

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Refrigerator Poster

Ingredients: hole-punch, paper towel or toilet paper tubes, straws, cardboard, scissors, tape

Help your child use a hole-punch to make holes in a cardboard sheet or a paper towel tube. Then, he could thread straws through the holes and tape on cardboard pieces to build his fort. Suggest that he experiment with making a two- or three-floor fort. Have him test the "load," or weight, by placing objects on the floors until they collapse. How might he make them stronger?

Examples: Tape together cardboard pieces, or reinforce them with duct tape.

It's easy to see practical activities to help your child succeed.
**Honesty**

Teach your child to give an honest response to a question—without hurting someone's feelings. If his friend asks, “Do you like my sweater?” instead of saying, “No,” he could say, “It looks comfortable.” That way, he’s being honest and kind.

**Dependability**

Being dependable means people can count on you to do what you say you will do. Help your youngster keep a list of times she follows through on things, such as returning her brother’s game when she promised. How long will her list grow?

**Respect for the Earth**

Make it a family habit to point out food sources in everyday life, such as cows in a field or an apple tree in a yard. Knowing how the planet gives us what we need can help your child want to take care of it.

**Symmetry**

Place a ruler on a table. Have your child use toothpicks or dry pasta to create a symmetrical design. Each side should be a mirror image of the other. She should be creative in her design—each side should be a fun and unique representation of her ideas.

**Vocabulary**

That sounds familiar! Here’s a fun way for your child to learn about words with similar meanings by making their own thesaurus.

**Ingredients:** magazines, photographs, tape, paper, markers

Ask your youngster to gather family photos or cut out interesting pictures from magazines. He can choose one at a time, tape it to the top of a sheet of paper, and write one word describing it. Then, help him add as many similar words as possible. For example:

- Walking
- Walking
- Walking

Suggest that he place the pages in a folder, in ABC order, and add to his thesaurus regularly.

**Grammar**

Practice parts of speech with fill-in-the-blank stories. Together, create a tale, leaving blank spaces labeled with parts of speech (noun, verb, adjective, adverb). Say each category, and write in the word your child supplies. Then, let her read the silly story aloud.

**Research**

Go on a bug hunt to look for insects. Help your youngster to identify them by finding pictures in books or looking online. Then, have her use library books or look online to find out more about each insect. Write a letter describing the insect to your child’s teacher, and ask her to bring some of the pictures to school.

**History**

Help your youngster create a family tree to celebrate his personal history. He might display the first tooth he lost, a specimen from his rock collection, or a ribbon from a gymnastics competition. He can write about each item and write a story about his experiences. Then, give him a tour! He can share the stories with his friends in class.